

VINOTHÉRAPIE SPA  
BY  
CAUDALÍE  
PARIS



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## *Our history*

*“I designed each of my Spas to be a truly exceptional escape from the everyday...”*

*Mathilde Thomas*

## *Caudalie creates the Vinothérapie Spa*

Several years ago, while strolling through the grounds of Château Smith Haut Lafitte, my husband Bertrand and I imagined a dreamlike place that had sprung from the ground, a place far from noise, far from everything, with vines as far as the eyes can see; like a childhood playhouse perched in a treetop. The idea for our first Caudalie Vinothérapie Spa had just been born.

To this dream, we brought together luxurious materials; stones and wood, screens to let in the light, grand treatment rooms of blond wood, red cedar and teak. And this place was created, as if by magic, amidst this enchanting landscape of vines. We took this dream abroad, to other unique locations, in order to make Spas where the senses would be indulged, bodies soothed and souls regenerated.

These places are havens for unique treatments, centered around the grape and carried out by our Vinotherapists who are beyond compare. These are places from which you will leave with the incomparable feeling of being reborn.

But, before that can happen, you have to enter them.  
Welcome to our Spas.



## *Caudalie rituals*

*“Discover exceptional treatments in a truly beautiful environment”*

### *Discover the Spa in half a day or a full day*

Enjoy an unforgettable experience in one of our Vinothérapie Spas with Caudalie rituals, to treat yourself or give as a gift.

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#### *Signature Caudalie ritual*

HALF DAY

- Signature facial treatment or any other 50-minute facial treatment
- Signature massage (50 min)
- Bath or wrap of your choice\*

#### *“Vines for lovers” ritual*

HALF DAY (FOR TWO)

- Choice of 50-minute facial treatment
- Fleur de Vigne candle massage (for two)
- Barrel bath (for two)

#### *Beauty Elixir ritual*

HALF DAY

- Body treatment followed by a Beauty Elixir facial treatment (110 min)
- Bath or wrap of your choice\*

#### *Vinothérapie ritual*

HALF DAY

- Signature facial treatment or any other 50-minute facial treatment
- Bath of your choice
- Wrap of your choice

### *100% grape ritual*

HALF DAY

- Vinosource facial treatment  
or any other 50-minute facial treatment
- Crushed Cabernet Scrub or Divine Scrub
- Pulp Friction massage

### *The sommelier ritual*

HALF DAY (IDEAL FOR MEN)

- Peachy complexion facial
- Divine Scrub
- Wine maker's massage
- Bath or wrap of your choice\*

### *Body of your dreams ritual*

HALF DAY

- Crushed Cabernet Scrub or Divine Scrub
- Slimming concentrate treatment
- Bath or wrap of your choice\*

### *“A star’s day in the vineyards” ritual*

FULL DAY

- Vine[Activ] facial treatment  
or any other 50-minute facial treatment
- Crushed Cabernet Scrub or Divine Scrub
- Signature massage (50 min)
- Bath of your choice
- Wrap of your choice

\* Subject to availability.

On the day or half day of your treatment, you may access the hammam, relaxation rooms and thermal bath.  
Treatments are not changeable and are subject to Spa availability





## *The treatment menu*

*“Treatments that are unique in the world for moments of total relaxation”*

### *Facial treatments*

Our facial treatments were developed from the unique combination of our patented grape and grapevine ingredients with the latest skincare techniques. In the hands of our therapists, you'll experience a full regimen of skincare treatments for firmer, healthier, more beautiful skin.

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#### *Caudalie Grand Facial treatment*

PERSONALIZED

50 MINUTES

This entirely manual treatment is Caudalie's signature treatment and works for all skin types. It relaxes your features, restores your radiant complexion through a long relaxing massage, accelerates cellular renewal and improves your skin's texture. Your complexion looks rested and radiant.

Choice of: Resveratrol [Lift] (firming), Vine[Activ] (anti-wrinkle), Vinoperfect (radiance), Vinosource (moisturizing), Vinopure (purifying) or Signature facial treatment.

#### *Vinosculpt Instant lift*

LIFTING

80 MINUTES

This revolutionary treatment combines the best of Caudalie know-how with cutting-edge technology for an immediate lifting and rejuvenating effect. The face glows with youth and vitality.

Ideal as a regular treatment for lasting results.

### *Premier Cru treatment*

GLOBAL ANTI-AGING

50 OR 80 MINUTES

A supreme beauty ritual for unparalleled results. A long smoothing sculpting massage combined with an innovative derma-roller, will restore youth and radiance to your skin. Before applying Premier Cru The Cream – a distillation of Caudalie’s best patented active ingredients – an exclusive mask enriched with Resveratrol is used. The skin is perfectly smooth and toned; wrinkles and fine lines are visibly reduced.

### *Premier Cru eye contour treatment*

SMOOTHING

20 MINUTES

This treatment for the eye contour is perfect for really brightening the delicate area around the eyes. A gentle massage and the application of a mask concentrated in anti-aging active ingredients smooth the features, help to significantly reduce dark circles and instantly reduce puffiness. The eye contour is lifted and the eyes enhanced.





## *Scrubs and massages*

All our massages feature ultra-fine grape seed and essential oils, known for their nourishing and softening properties.

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### *Scrub*

EXFOLIATING

35 MINUTES

The cult scrub from Caudalie Vinotherapie Spa, ideal before your other treatments. To restore radiance and softness to your skin, Caudalie has developed two exclusive recipes, a fresh blend of grape oil and brown sugar combined with grape seeds, honey and 6 slimming essential oils or Caudalie Divine Oil. The skin is clear, refined and perfectly smooth. Choice of: **Crushed Cabernet Scrub (Slimming)** or **Divine Scrub (Moisturizing)**.

### *Caudalie massage*

PERSONALIZED

50 MINUTES

The ultimate signature sculpting massage. A true moment of relaxation, it soothes tension and restores dynamic energy.

Choice of: **Signature massage (relaxing or toning)**, **Wine maker's massage (energizing)**, **Slimming concentrate treatment (slimming)**, **Vine drainage (detoxifying)**, **Stone Therapy (relaxing)**, **Sports massage (toning)**, **Expectant mother massage (relaxing)**.

### *Pulp Friction massage with fresh grapes*

HYDRATING

50 MINUTES

This massage with fresh grapes and essential oils remineralizes and gently exfoliates thanks to the principal natural active ingredients contained within the fruit. As well as being very relaxing, it lastingly softens and moisturizes the skin.

## *Divine body treatment*

RELAXING  
80 MINUTES

This cocooning treatment begins with the Divine Scrub, gently exfoliating your skin to benefit from the treatment. This is followed by a relaxing massage with Divine Oil, a unique combination of four exceptional oils. Your skin is soft, moisturized and left with a subtle floral fragrance.

## *Cranial massage*

RELAXING  
20 MINUTES

Hand placement on the skull is designed to free energy blockages and promote relaxation. This massage simultaneously stimulates reactions in the whole body, helping to rebalance the energies of the nervous system.

## *Plantar reflexology*

ANTI-STRESS  
20, 35 OR 50 MINUTES

By stimulating certain reflex points on the sole of foot, this method regulates the body's energy fluxes, improves the lymphatic and circulatory systems and eliminates toxins.

## *Fresh grape hand or foot treatment*

HYDRATING  
50 MINUTES

A unique treatment to delight your hands or feet, right up to your nails! Your nails are first filed and then buffed with fresh halved grapes for an exceptional moisturizing and whitening effect. This treatment is followed by a scrub and the application of a mask. Then, a relaxing hand or foot massage puts the finishing touch on this moment of complete relaxation.





## *Baths and wraps*

These emblematic treatments with grape, red vine and essential oil extracts help reduce tissue swelling by draining and boosting circulation for an exceptional moment of relaxation.

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### *Bath*

RELAXING

15 MINUTES

Enriched with grape marc and red vine extracts, this hydromassage bath will offer you all the benefits of the vine.

Choice of: Red vine bath (draining) or Grape marc bath (exfoliating).

### *Wrap*

RELAXING

15 MINUTES

A warm application of active ingredients derived from the vine with purifying and hydrating properties, this very enveloping treatment provides comfort and relaxation for the entire body.

Choice of: Honey & wine wrap (hydrating) or Merlot wrap (purifying).



CAUDALÍE  
VINOThÉRAPIE SPA

*Our Spas in the world*

*“Discover our havens of well-being in  
our exceptional settings”*

# France



## *Vinothérapie Spa Les Sources de Caudalie*

Chemin de Smith Haut Lafitte  
33650 Bordeaux-Martillac  
France  
+33 5 57 83 82 82  
vino@caudalie.com

Spa hours:  
Monday 10am to 7pm  
Tuesday to Saturday 9am to 7pm  
Sunday 9am to 1pm  
20 minutes from Bordeaux



## *Vinothérapie Spa Les Étangs de Corot*

53-55, rue de Versailles  
92410 Ville d'Avray  
France  
+33 1 41 15 37 70  
spa@etangs-corot.com

Spa hours:  
Monday to Sunday  
10am to 7pm  
5 minutes from Versailles  
and 20 minutes from Paris



# United-States



## *L'Appartement Caudalie Spa*

819 Madison Avenue, 4<sup>th</sup> floor  
Between 68th and 69th street  
New York, NY 10065 USA  
+1 212 265 3182  
caudaliespa@caudalie-usa.com

Spa hours:  
Monday to Saturday  
10am to 7pm  
Sunday  
11am to 6pm

# Spain



## *Vinothérapie Spa Marqués de Riscal Hotel*

Calle Torrea, 1  
Elciego 01340, España  
+34 945 180 888  
spa.marquesderiscal@  
luxurycollection.com

Spa hours:  
Monday to Thursday 10am to 8pm  
Friday to Saturday 10am to 9pm  
Sunday 10am to 8pm  
90 minutes from Bilbao

  
HOTEL MARQUÉS  
DE RISCAL  
ELCIEGO

THE  
LUXURY  
COLLECTION

# Portugal



## *Vinothérapie Spa The Yeatman Hotel*

Rua do Choupelo (Sta. Marinha)  
4400-088 Vila Nova de Gaia,  
Porto, Portugal  
+351 22 013 3118  
spa.reception@theyeatman.com

Spa hours:  
Monday to Wednesday  
10am to 8pm  
Thursday to Sunday  
10am to 9pm



## *Vinothérapie Spa L'AND Vineyards Hotel*

Estrada Nacional 4,  
7050-031 Montemor-O-Novo,  
Portugal  
+351 266 242 400  
reservas@l-and.com

Spa hours:  
Monday to Sunday  
9am to 9pm  
60 minutes from Lisbon



# Canada



## *Vinothérapie Spa Shangri-La Hotel*

Fifth Floor,  
188 University Avenue, Toronto  
Canada M5H 0A3  
+ 1 647 253 5770  
info@mirajcaudaliespa.com

Spa hours:  
Monday to Saturday  
9am to 9pm  
Sunday  
9am to 7pm



# Turkey



## *Vinothérapie Spa Les Ottomans Hotel*

Muallim Naci Cad. No: 68  
34345 Kurugesme, Istanbul  
Türkiye  
+90 212 359 15 00  
spa@lesottomans.com

Spa hours:  
Monday to Friday  
7am to 10pm  
Saturday to Sunday  
8am to 10pm



Excellence is our Heritage





## *Terms of sales*

### ARRIVAL

We recommend that you arrive at the Spa 15 minutes before your scheduled appointment. If you wish, you may keep your undergarments on during the treatments; however, our Vinotherapists are extremely competent and will ensure your complete privacy. If you arrive late, your treatment will need to be shortened by same time as the delay, out of respect for later clients.

### LENGTH OF STAY

For maximum effectiveness of a cure, we recommend a 6-day stay. Nevertheless, we also offer half day and full day rituals to allow you to discover our Vinothérapie Spas.

### CHILDREN

Children under 16 years of age are not permitted inside the Vinothérapie Spa.

### PREGNANCY

During pregnancy, certain treatments are not advised. We recommend that you consult with your doctor and inform us of your pregnancy when you book your treatments. For expectant mothers, we only recommend facial treatments and/or our special expectant mother massage.

### RESERVATION

We recommend that you reserve Spa treatments one month in advance. All appointments are reserved with a credit card. We request that you contact us 48 hours in advance in case of changes or cancellation. After this time frame, you will be billed in full. Treatments must be paid for at the Spa Reception. At Les Sources de Caudalie Vinothérapie Spa, we require a booking of a minimum of one 50-minute treatment per person on weekdays and 3 treatments per half day on weekends and holidays in order to guarantee the most intimate and calm experience in our Spa. Treatments in our rituals and cures are not changeable and are subject to availability. Access to the thermal bath and hammam is free with €150 worth of treatments per person and per half day.

### GIFTS

Give the gift of a ritual or cure. Gifts are valid for 12 months and may be mailed or picked up at the Spa Reception. Gift vouchers are also available on our website [www.caudalie.com](http://www.caudalie.com)

## *Practical information*

### MEDICAL CONSULTATION

A medical note will be requested in the event of any health problems.

### WHAT SHOULD I BRING?

Bathrobes, sandals and bath sheets are provided. You should bring your bathing suit.

### TAXI

Available upon request.



# *Our adresses*

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## *France*

Bordeaux +33 5 57 83 82 82

Versailles +33 1 41 15 37 70

## *United-States*

New York +1 212 265 3182

## *Spain*

Bilbao +34 945 180 888

## *Portugal*

Porto +351 22 013 3118

Lisbon +351 26 624 2400

## *Canada*

Toronto +1 647 253 5770

## *Turkey*

Istanbul +90 212 359 15 00